



TOURETTE CANADA'S

Annual General Report



June 2019 - May 2020

Mission

Creating awareness and understanding of Tourette syndrome through education, advocacy, support, and the promotion of research

Vision

An empowered Tourette community in an inclusive Canada



President's Message



This year has definitely been a year like no other, which is why “thank you” doesn’t seem big enough to express our appreciation to our community for your support and contribution this year. When we were evaluating our future as an organization at the Board of Directors meeting held during the national conference in October 2019, COVID-19 was certainly not a part of our reality.

As everything stopped in March, we were faced with the reality that our traditional Trek for Tourette was not possible. We took a moment to regroup and decided to move forward once the country started moving again and the weather got a little better. We decided to move Trek for Tourette to May 31st.

We are so pleased with the outcome of our first virtual Trek; a big change for our organization. We are thankful that our volunteer coordinators in each area maintained their commitment to make it happen while our community and supporters stepped up by trekking virtually or donating to our cause. Thank you for doing what you do!

You will see throughout our annual report that even with the uncertainty of what lay before us, there were still active volunteers on the ground across our incredible country doing their part to support our staff, as we tried to help those who need us. While the world wrestles with the unprecedented and different challenges posed by this pandemic, Tourette Canada is focused on the people within our community who are impacted by so much uncertainty.

COVID-19 has impacted charities like ours across the country as we are trying to pursue our mission during this health and economic crisis. Imagine Canada’s research shows that 42% of charities have created new programs and 54% have transitioned in-person programs online since the beginning of the pandemic. Pre-COVID, Tourette Canada’s in-person services and programs were supplemented as needed with virtual formats. With the current climate, we are adapting our organization to offer all services primarily online. A lot of work and transformational planning is taking place at the national level to ensure we can continue to serve our community. The health and safety of our staff, members, and the community we serve are our immediate priorities. As the board and staff continue to navigate these difficult times, we remain committed to our mission and we are confident we will come through this experience stronger and better than before.

Until we can see you again, stay safe and thank you for your ongoing support.

Janet Rumsey

Treasurer's Message

Although 2020 has been an unusual year, Tourette Canada has been, and continues to be, operating in a financially solvent manner.



Revenue has been affected by COVID, partly due to donor fatigue in general during uncertain times, combined with impacts on key fundraising initiatives that we were not able to execute in traditional ways. The largest example of an impacted fundraising initiative was the Trek for Tourette, which was converted to a Virtual Trek using innovative thinking. Although successful, the Virtual Trek raised less than we would have anticipated from a standard Trek. Another example of impacted funding is the annual conference, where we are not holding a face-to-face conference this year that would raise funds. Largely offsetting these revenue impacts are reductions in cost, where we have been able to take advantage of federal government COVID benefits, including the Canada Emergency Business Account (CEBA) and Canada Emergency Wage Subsidy (CEWS). Beyond COVID, there were no meaningful financial surprises, audit or control incidents that we are aware of.

The organization has also standardized processes over the last year with financial control implications. An example of this work is the closure of chapter bank accounts, which have been rolled into the national bank account, simplifying the process for controlling and managing cash nationally.

As we look forward, the key theme with financial implications discussed at the board over the last several months are the benefits of transformation. The intent is to shift toward more business-like sustainable approaches in how we generate and measure impact. We will also strengthen and standardize the national organization and how our home office interacts with chapters and affiliates. These pending changes will strengthen the organization financially as well as from an impact perspective, leveraging our capabilities in how we support the Tourette community while ensuring that operational and financial risks are minimized in the long-term. As our transformative details on impact, scope and approach are rapidly defined in the next quarter, one result will be a more systematic formal approach toward donor management that enhances our revenue. Another outcome will be more standard, controlled procedures used by the national organization and between the national organization and chapters/affiliates. Executing this transformation plan, which will require an extended period of time, will result in a strong sustainable long-term organization that leverages our historical strengths and energy for success.

Rob Karpati

NATIONAL INITIATIVES

CONFERENCE 2019



The 2019 Tourette Canada National Conference aimed to promote learning, networking, and information-sharing among the members of the Canadian community interested in, and affected by, Tourette Syndrome (TS) and its associated conditions.

Our 2019 National Winnipeg conference was a robust learning experience paired with fun social activities. All weekend, there was something for everyone: educators, professionals, parents of youth with Tourette, adults with Tourette, youth and children with Tourette and its associated conditions.

Every few years, Tourette Canada's National Conference is a must-attend event for people who are impacted by Tourette Syndrome.

Last years' Conference was composed of three tracks:

General Track - The General Track targeted adults with TS and families with members with TS. We offered children and youth programs (Friday and Saturday) to allow our youth to meet others their age coping with the disorder.

Educators Track - Our children's program was conducted on Friday and Saturday at Assiniboine Park Zoo and Manitoba Museum.

Youth Track - Our youth program provided flexibility for input from attendees, with a mix of educational information designed to add to their skillset. It consisted of an enriching series of workshops and activities that offer informative presentations, fruitful discussions and empowering exercises over two life-altering days. The children emerged, having made new friendships, feeling empowered and in more control of their lives. They formed lasting memories.

Professional Development Day was designed for educational assistants, child and youth workers, teachers, school administrators, or those affiliated with an educational institution. The Main Program is for parents, friends, partners or relatives of someone with TS or adults with TS.





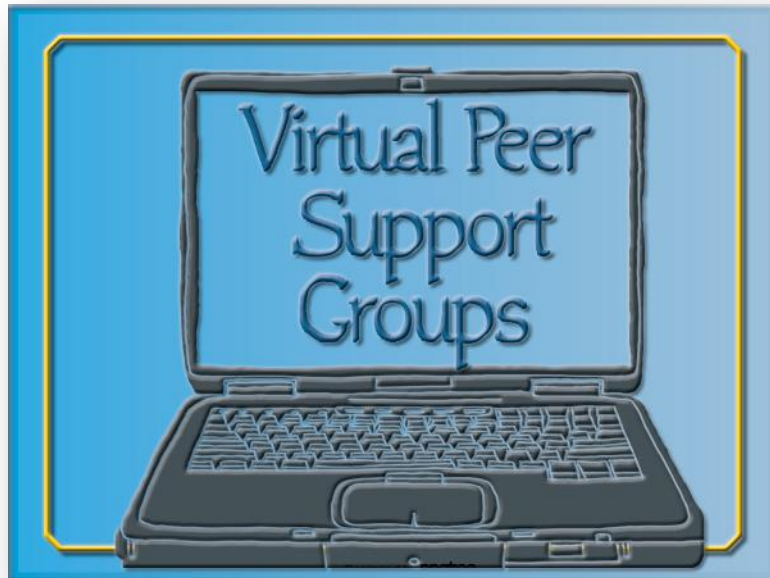
UNTRADITIONAL TREK

The Untraditional Trek was a re-purposed version of the Annual Trek for Tourette to combat the uncertainties of the unprecedented COVID-19 pandemic. In essence, it was a virtual trek.

With the global pandemic, we found ourselves needing to social distance. Hence, Tourette Canada re-purposed the "social gathering" aspect of this vital fundraising event into a virtually held public gathering. We called it the "Untraditional Trek."

The core mission and values of the Trek for Tourette remained intact for the #UntraditionalTrek. For those with Tourette syndrome, every day is full of rewards and challenges. This virtual event saw people asked to come together and form a "Virtual Team" with their families. They were asked to complete the Trek in any way they saw fit while practicing safe social distancing in their households. This included alternative activities such as walking in their neighborhoods, walking the dog, riding a bike or a pony, climbing some stairs, running on a treadmill, or anything creative to support the cause. Families had been asked to post their #UntraditionalTrek memories through their social media channels, including Instagram, Twitter or Facebook, using the hashtag #UntraditionalTrek. This year, given all circumstances and uncertainty of the unprecedented COVID-19 situation, we managed, as an organization, to raise \$54,000.00 in total.

On behalf of the Home Office Team and National Board of Directors, we want to thank every one of our affiliates, coordinators and participants for coming together and offering their support for this years' Trek. We know we needed all-hands-on-deck this year to combat the circumstances, and we couldn't have achieved this goal without all of their support.



Tourette Canada's Virtual Peer Support Group 2019 to 2020

Tourette Canada hosts virtual peer support groups over the free Zoom video platform. The program is run by our Virtual Support Coordinator, Melissa C. Water.

Each group is run by peer volunteer facilitators so that they are relatable.

We currently hold three categories of virtual groups with more underway. Moms of Youth with Tourette meet on Monday evenings. The adults with Tourette syndrome get together on Tuesday evenings. The Youth Hangout for teens of the ages of 12 to 18 is held on Wednesday evenings.

All these groups are held not only across Canada... but are open to anyone from any country who are members of Tourette Canada.

There are continuing plans to also host a Dads group, a kid's group, and East and West coast mom's groups. This will require that more individuals would come to know about these programs and ensure that they can benefit.

The average attendance of each group varies. Some weeks might see a group of 10 in attendance, while other weeks, there may be 4.

The Youth Hangout is pleasantly growing. It is an atmosphere to speak openly, get to know each other, play games, and just be themselves.

AFFILIATE REPORTS

EDMONTON, AB CHAPTER

President – Candice Crandall
Vice President – Maria Robson
Treasurer – Joyce Blaikie
Secretary – Marcie Crandall
Members at Large – Becky McNeil, Karen Burdick, Jen Sivers, Carolin Cadrin

Family Winter Event – Our local kids & their siblings had the

opportunity to show off their best painting snowmen woodcrafts. The event offered up the chance for our local kids to enjoy some friendship & fun while having a merry time!

Family Movie Event – 70 local members & their families could sit back and relax with a fun, enjoyable family event at a local Movie Theatre. Popcorn and pop for all while we watched the screening of *Abominable*.

We continued with our monthly parent support groups, offering a combination of information evenings and support evenings.

In-service program - We continue to support educators and classmates with their growing understanding of TS+. We are making a difference in the lives of children who are struggling to be understood by teachers and classmates.



The Annual "Planes, Trains, and Auctionables" Gala: Unfortunately, due to COVID-19, this yearly event was postponed. We are in the planning stages of a Virtual Raffle in the late Fall of 2020 hosted by The Rotary Club of Edmonton Sunrise.

#UntraditionalTrek for Tourette – Our local members & their families and friends joined together this year and virtually participated in our annual Trek for Tourette.

Summer Camps – We were very excited to offer two brand new camps this year for children living with Tourette Syndrome. A total of 16 children shared a life-changing week at the Dreamcatcher Nature Assisted Therapy Ranch. One week was designed for children ages 8 - 12, and the other week was for youth ages 13+. The campers in attendance were given a unique opportunity to learn about TS and the associated disorders while building on skills to help each of them manage their challenges. A registered psychologist completed individual assessments at the ranch as the kids spent the week



enjoying their therapy time with horses, goats, sheep, chickens, and many more ranch animals. Daily group activities worked on the campers' strengths and their understanding of themselves and of each other. The kids laughed, played, sang, created artwork, worked on their new skills and with the animals who reside at the ranch. Each child made lasting new friendships, and all of them found it very hard to say goodbye at the end of the week. Due to the considerable success and overwhelmingly positive feedback from parents and campers, the Edmonton Chapter is excited to announce that we will be offering a total of 4 camps next year, so mark your calendars!

The dates will be:

July 5 - 9: ages 8 - 12

July 19 - 23: ages 13+

Aug 9 - 13: ages 13+

Aug 23 - 27: ages 8 - 12

The Edmonton Chapter of Tourette Canada and FSCD offer funding assistance to help families with the cost associated to send their child to this very specialized camp. Registration will begin in early 2021. Please watch our Facebook page for updates: <https://www.facebook.com/TSEdmonton>

SUPPORT MEETINGS

We began support meetings in Burlington with a GREAT turn out. We had attendees from Hamilton, Stoney Creek, Dundas, Burlington, Oakville, Milton, & even Mississauga. We proceeded to have:

Burlington Support Meetings: 30-Sept-2019, 7-Oct-2019, 28-Oct-2019, 18-Nov-2019, 9-Dec-2019, 20-Jan-2020, 9-Mar-2020

Due to the pandemic, we could no longer host physical support meetings, so we proceeded with virtual meetings.

Zoom Support Meetings: 11-May-2020, 19-May-2020

TREK 2020

Trek 2020 looked different for all of us due to the COVID-19 pandemic. It was postponed till May 29th, but still, many families



participated in the #UntraditonalTrek. Our Top fundraising teams were: Tic Talk Walk, Team Shmoe, & Rylan & Austins' Trekkers. Our top individual participants were Jennifer Thomlinson & Ken Shyminsky. HHN raised at total of \$3055.00 CAD.

EVENTS

Shine a Light on Tourette Syndrome – Niagara Falls Illumination (June 15th, 2019)

This year was very rainy but that didn't stop us. We met up at Niagara Falls to watch the falls turn teal along with fireworks.



Annual Christmas Party – Wellington Square United Church, Burlington (December 15th, 2019)



We hosted a Christmas Party for families in Burlington this year to celebrate. There were Christmas crafts, gingerbread houses, and gifts for all. **Sadly, we did not have any further events due to Covid-19. We look forward to more events in 2021.**

FUNDRAISING

We used the pandemic to our advantage and began a bottle drive in May 2020.

Total funds raised so far, \$1094

CAMP STIC TOGETHER 2019

Camp sTic Together was again a HUGE success. We had a few families from the HHN Region who had a child at camp again this summer. Many are looking forward to Camp 2021.



A MESSAGE FROM KARI HODGSON KELOWNA CONTACT REP



Thank you to Tourette Canada for the opportunity to volunteer as a Contact Representative for Tourette Canada. I am happy to support families all over British Columbia, but focusing on the Okanagan, Shuswap, Thompson-Nicola, and Similkameen areas (South Central Interior of BC). I chose to support such a large site

because I run a children's party company, *Par-T-Perfect Okanagan*, and these are the areas we service, and I know there is no other support for families in these areas.

I was thrilled to sign on in the Spring of 2019 as a Contact Rep to get the ball rolling in our community. Thankfully, I had the privilege of participating in Tourette Canada's In-Service Training Program several years ago, and I feel this did help prepare me.

After joining as a Contact Rep, I began putting my name

out there in my community and surrounding areas as well as through the Tourette Canada Kelowna Contact Facebook Page. A few parents reached out to me, and over the next few months, I started supporting families in the following communities: Delta, Summerland, West Kelowna, Kelowna, Kamloops, and Salmon Arm. We would connect over the Facebook Messenger platform, or text, or through phone calls. My daughter, Klaya and I started to spread awareness and information, leaving Tourette Canada fliers at locations in communities all over the interior.

In October 2019, my daughter, Klaya, and I were honoured attending Tourette Canada's National Conference. I was bestowed with the most fantastic honour of receiving the Community Service Award for 2019 - 2020. This indeed filled my heart and gave me the most incredible determination to make a ***more significant*** difference.

When we got home from the Conference, we immediately called our first-ever Tourette Canada Okanagan meeting! This meeting was held at Wings Restaurant in Rutland-Kelowna on October 22nd, 2019, at 7 pm. In attendance were Klaya, her best friend Olivia, and my friend Connie and her daughter, Tyra, and me. Although it was just the five of us, it was the beginning! It was an informal opportunity to share information and to get to know one another. Our first meeting was a successful 1 hour and 40 minutes. It was during this meeting that I announced our first of a series of fundraisers. The first fundraiser would be held on November 14, 2019; also, at Wings.

Since this first meeting, and until the COVID-19 pandemic began, things were rolling along so amazingly well for us here at Tourette Canada Okanagan.

Please see the Timeline as set out below.

April 2019: Kari Hodgson completed requirements to accept a role as Contact Representative for Tourette Canada and offered to extend support to families in communities in surrounding areas, including the following regions: Okanagan, Shuswap, Thompson, Nicola, and Similkameen.

Over the next few months, Kari and Klaya began to build awareness and support through contact with friends, family, community and business associates, and online.

October 1st, 2019: The City of Kelowna Lights the sails TEAL for Tourette Syndrome Awareness.

October 17th - 20th, 2019: Kari and Klaya attended Tourette Canada's National Conference in Winnipeg, where I was honoured with the Community Service Award!

October 22th, 2019: Tourette Canada Okanagan's first-ever monthly info & support meeting (A total of 5 people in attendance; 3 of which were youth)

November 14th, 2019: WINGS & Silent Auction Fundraiser for Tourette Canada **23 guests** in attendance and **23 silent auction items** available we raised **\$1000!!!**

November 28th, 2019: We held our 2nd Monthly Information and Support Meeting. This time, at Denny's, with 4 of us in attendance.



December 14th, 2019: Our 2nd Fundraiser: **Kelowna Comedy Club Fundraiser, Sponsored by Barry Sjolín and Carla Relvas.** We had 25 guests in attendance, (plus several comedians) and raised **\$675!!!**

February 11th, 2020: We held our 3rd Monthly Information and Support Meeting. This time, we met at BIN4 Burger Lounge, and there were 8 of us in attendance!

February 14, 2020: Our 3rd Fundraiser: **Chances Kelowna, Bingo Night.** We raised \$495 through ticket sales. (Tickets were \$20 each with \$15 going to Tourette Canada.)

March 1st, 2020: Our first information and support meeting in Kamloops. We met at Red Beard Cafe, and there were 3 of us in attendance, including two moms from Kamloops.

March 10th, 2020: Our 4th Monthly Info and Support Meeting was held at Taki Japanese Grill, with 4 of us in attendance, including one new mom.

April 14, 2020: Our 5th Monthly Info and Support Meeting was held online through a ZOOM call with 7 of us in attendance, including a family from Vancouver Island.

We learned that Trek was being postponed due to COVID-19. One of our moms put herself out there to her friends and said she would allow her son, who has TS, to shave her head if she raised \$500! Well, she raised \$550 overnight, and her son shaved her head!! They have a Facebook page. They would love to invite everyone to visit.

During April, I also started a NORWEX cloth sale Fundraiser for Tourette Canada, which I ran for one full month, from mid-April to mid-June, with excellent success. I put all of these funds toward our Trek for Tourette, Team Sunshine efforts!

I also sold NORWEX facemasks and donated all of my commissions from those sales to Team Sunshine's Trek efforts.

May 14th, 2020: We held our second Zoom online information & support meeting. Unfortunately, only Cameron Kroeker, Contact Rep with Tourette Canada Okanagan, was in attendance, with me as host.

May 31st, 2020: Our **FIRST** ever **Okanagan Trek**, in support of this years' **Untraditional Trek for Tourette!** We ended up having 9 Registrants on Team Sunshine.

Cameron Kroeker, my fellow Contact Representative here in the Okanagan, knocked it out of the park by reaching his fundraising goal of **\$5000** and earning the title of **TOP INDIVIDUAL FUNDRAISER** for 2020!

We also were incredibly grateful to Tannis Collinson for sacrificing her hair to raise an impressive **\$550** for Team Sunshine!

I was thrilled to raise a total of **\$888** between Norwex's direct contribution to Tourette Canada for the cloth sales and my own donations, as well as those I collected.

In total, **Team Sunshine, Tourette Okanagan**, was pleased to raise a total of **\$8558** for Tourette Canada through our efforts with **Untraditional Trek 2020!** Last I heard, we were the **TOP TEAM** across the country!

Given that it was our first year participating, and we had so few registrants, we weren't even able to gather people together due to COVID-19. I am absolutely thrilled with the results that our small team produced! Way to go, Tourette Okanagan and Team Sunshine!!!

We decided to take the next couple of months off and not book any online meetings. We will reconvene again in the fall.

October 20th, 2020: At this time, Tourette Canada Okanagan consists of Kari Hodgson, Contact Representative, Cameron Kroeker, Contact Representative, and Connie Dell, 'Volunteer at large.' We are currently actively supporting (through online messages and our Facebook page) approximately nine families living in the following communities: Delta, Kamloops, Kelowna, Salmon Arm, Summerland, West Kelowna, and even on Vancouver Island.

We look forward to once again holding monthly information & support meetings by way of zoom online video call with our next meeting being next week on either Tuesday, November 2 or Thursday, November 4, at 8 pm. (we are awaiting a couple of replies.)

At this time, we use a free Zoom account, so meetings can only be 40 minutes in length.

Tourette Okanagan had a lot of fun with our Fundraising this last year!

We were so incredibly grateful to raise a combined total of \$10,728 for Tourette Canada Okanagan since November 2019.

A MESSAGE FROM SHAWN FORTH

MUSKOKA, ON RESOURCE UNIT

The Muskoka Resource Unit meets once per month on the first Tuesday of the month. We have five families who regularly participate in meetings, to another 5 - 10 in the Muskoka area who have sought out information and support by email, phone, and available meeting attendance. Once the COVID-19 pandemic hit, we moved to a monthly virtual meeting via Zoom, with similar numbers of monthly attendees. We are continuing with virtual meetings for the foreseeable future. The Muskoka Resource Unit took part in the annual Trek for Tourette again this year. Due to the challenges of COVID-19, we saw our participation numbers and total donations approximately half of a typical year. We were very successful in getting local media awareness.

A MESSAGE FROM JILL BOBULA

OTTAWA, ON CHAPTER

Support Group Meetings

1 - The Ottawa Chapter holds their monthly meetings at the Royal Ottawa Hospital. These free meetings are support group meetings for anyone within the Ottawa community. Over the years, we have increased attendance from many we have not seen before. We attribute this to our bus campaign and the continuing support we receive from neurologists and psychologists in our community. Occasionally, we have speakers from the health community coming to present to our group. We have folks who come fairly regularly and others who happen to learn of our Chapter and come to a meeting.

2 - Since COVID, we have offered virtual Zoom support group meetings for both youth and adults. It's been quite successful. In fact, it has encouraged some folks who don't want to be seen or heard to join the group and to listen to the conversation – which is always a good start. We will continue to hold these virtual meetings. The challenge, especially for the youth, is how to make them exciting and engaging. We are working on a few ideas that will hopefully prove fruitful.

We have also scheduled speakers from the University of Ottawa, thanks to one of our volunteers, Kevin Smith, a Ph. D. candidate at the university. He hosts the youth virtual support groups. One of the speakers, Dr. Nafissa Ismail, will be presenting in October on Managing Mental

Health, and Traleena Rouleau, our 2nd presenter in November, will be talking about anxiety and OCD.

3 - As president, I always welcome folks who are new to Tourette Syndrome (TS) or to our Chapter to visit with me and my family. This allows them to meet face to face with someone who lives with similar challenges. This also gives rise to a larger group of folks willing to reach out and learn more about TS. Ursula Ferraro also does the same with folks in the TS community. She will welcome them to her home, and it allows all of us to feel part of the TS family in Ottawa.

Events:

The Ottawa Chapter participated in two softball tournaments, whereby, we sold food to participants. This raised awareness regarding our Chapter, and we were able to raise funds in doing so.

We typically hold a Christmas party along with a summer pool party.

As always, the Christmas party was a hit and in full attendance. It's one of the highlights for many families and children. The children and adults meet new families and learn that they are not alone in their struggle. And they have tons of fun to boot! Unfortunately, we did not have the pool party this summer. Our primary concern right now is safety, and the health and welfare of everyone. Thus, up until that time that we know for sure that we are safe in groups, we shall continue to postpone our in-person events for large gatherings.

The Ottawa Chapter held the TREK virtually. Those who wanted to participate did so in their neighbourhoods.

Despite the challenges, we did have folks Trek. The wonderful benefit of actually having the event is that the Ottawa Chapter always welcomes around 100 people to the event. The mayor of Ottawa was going to "kick-off" the event, and we had a whole slew of activities for the younger ones. We are hoping to hold the event next year!



We were also unable, because of COVID-19, to hold our gala in May. It has been scheduled for May 2021. This will help our Chapter fund our bus campaign, which has been a terrific success. For the past eight years, we have held a fundraiser (orchestrated by Frank Spartico and his family) to raise funds to pay for our bus campaign in the fall/winter. We have signs on the OC Transpo buses (100), highlighting three children from Ottawa with TS. These bus signs have caught the attention of CBC and local news channels. CBC did a report on the bus campaign, and we are thrilled that today, more people know about TS and the challenges that those of us affected live with. We hope to



continue this bus campaign, although, right now, we have no major fundraising activities that can help pay for it. We have decided to use the app FlipGive as a means to raise some funds, and we still have a bit of money left in our coffers.

As part of our awareness campaign, we also sent out a direct mail piece to 60,000 households in Ottawa. The 6" x 12" "postcard" provided information about Tourette Syndrome, and directed folks to our website.



Other:

Due to our fundraising efforts, the Ottawa Chapter sponsored a family of 4 to attend the National Conference. This family has been actively involved in our Chapter for many years, and we were proud to provide them with the means to attend.

Also, because of our fundraising success, we were able to financially support children to attend the camp – which unfortunately didn't occur.

On a final note, the devoted individuals who help run the Ottawa Chapter meet around once a month and more frequently when need be. We have an excellent team of individuals and families helping our Chapter offer support and resources to those in the community. We are blessed to have a terrific group who pour their heart and soul into helping others.

A MESSAGE FROM BOARD DIRECTOR, MICHAEL HEPPLES

WINNIPEG, MB CHAPTER

Winnipeg hosted the National Conference last October.

In February, we hosted our annual Family Bowling – We had roughly 60 people in attendance for an afternoon of pop, popcorn and bowling, with our Chapter covering the cost.

We held our Virtual Trek in May, along with the rest of the country; a special note on Stan Runions, who walked the side of the highway with signs to solicit donations.

Otherwise, this has been a quiet year with COVID. We will not be hosting our annual Bud Spud Fundraiser in October due to restrictions. All of our Board meetings have moved to a virtual format, and any are welcome to attend as part of the Board or just as interested members of the community.

A SPECIAL MESSAGE OF FAREWELL FROM JUDY ROGERS OF THE TOURETTE CANADA VICTORIA, BC CHAPTER.

In 1985, encouraged and helped by psychologist Dr. Michael Joschko, seven people met for the first time to share their experiences as parents of children who had TS. In May of that year, the Vancouver Island Chapter, later the Victoria Chapter, became the first Chapter of the Tourette Syndrome Foundation of Canada. A phone line was established, and the "helpline" rang off the hook. With limited information, except for personal experiences, parent volunteers had to spell t-o-u-r-e-t-t-e and ask to speak at schools at the request of parents. Ultimately, there was a team of accredited presenters sought after by schools in all three Victoria school districts and beyond. Grants were written, bingo halls manned, and bowl-a-thons held. Children were supported by the long-running "Day at the Lake," geocaching and picnics, board game days, and other activities. Facilitators who had "walked the walk" held peer support meetings for parents

and caregivers. A copy of "A Handbook for Educators" was put in every school, public and private, in Greater Victoria. Offers of a complimentary Educators' Guide were mailed to every physician in the disciplines that were relevant to TS. The Chapter became known for the stellar workshops it put on, ranging from province-wide Pro-D days, a national conference that was the best-attended on record at the time, to what I believe was the only 3-day event ever organized by a chapter. Of course, none of this would have happened if not for countless dedicated volunteers whose energy and imagination fueled the Chapter's activities. These fantastic people changed the lives of thousands.

Now, after 35 years, the phone has stopped ringing, and the emails have stopped coming in. It was with some sadness and a sense of accomplishment that the difficult decision was made to close the Victoria Chapter's virtual doors. The Mission and Vision Statements of Tourette Canada had been fulfilled.

Judy Rogers, Charter Member

2019 Volunteer Award Winners

Richard Stein Memorial Award [Quality of Life Award] Winner: Joyce Blaikie

Maureen Cavanaugh Public Awareness Award Winner: Angie & Corey Tone

Sybil Bernstein Fundraising Award Winner: Simon Spencer

Todd Axelson Role Model Award Winners:

- **Junior:** Jaden Crandall & Aaron Sachko, Edmonton, AB
 - **Intermediate:** Chris Blaikie, Edmonton, AB
 - **Senior:** Stan Runions, Winnipeg, MB

Exceptional Members Award Winner: Sophia Dix

Family Fundraising Award Winner: Tara Bannister, Grand Falls-Windsor, NL; Ben Bannister, Grand Falls-Windsor, NL

Honorary Life Achievement Award Winner: Lorne & Verna Perrin, Winnipeg MB

Educator Award Winner: Sandra Severi, Winnipeg MB

Community Service Award: Kari Hodgson, Kelowna BC

Family Award winner: Candice Crandall & Family, Edmonton AB

Inspirational Award winner: Evan Robson - Edmonton, AB

Corporate Award winner: - Fareez Kasim Winnipeg, MB (*Canad Inns Polo Park*)

In-Kind Donors and Fundraisers held for the benefit of Tourette Canada and our affiliates

7th Annual Swing for Tourette Lob Ball Tournament - Garrett Holmes

24th Annual Tourette Canada Golf Tournament

Bingo - London Chapter

Camp sTiC Together "Into the Fog" - Cindy MacClean - Peterborough Contact Rep

National Canadian Police Curling Association

Leo Cadrin Memorial Award - Edmonton Chapter

"Planes, Trains and Auctionables" - Edmonton Chapter in Association with the Sunrise Rotary Club of Edmonton

Spartico's Spring Fling Ottawa Chapter

Paint Night – Edmonton Chapter

"Shake It Off" Design – Evan Robson | Edmonton, AB Chapter

Kelowna Contact Rep – Kari Hodgson

CORPORATE SPONSORS

Provincial Employees Donor Program

Ontario Power

Foundation Franco Albertaine

WCPD Foundation

G&M Masters Foundation

Winnipeg Regional Health Authority (WRHA)

F. Spartico

Norwex

The Jewish Community Foundation

Rotary Club of Edmonton

CN Employees

TD Bank Employees

Together We Can

CAF Canada

Canada Helps

Canada Police Curling

United Way of Alberta

United Way of Calgary

United Way of the Greater Toronto Area

United Way of Hamilton

United Way of New Brunswick

PayPal Giving

Individual Donors

- A. Johnson
- A. Turner
- C. Benayon
- C. Brown
- C. Cardona
- C. Crandall
- C. Lo
- C. Wylie
- F. Dunn
- F. Zevenbergen
- G. Spencer
- I. McIlraith
- J. Riddell
- J. Rumsey
- J. Rogers
- J. Wylt
- K. Hodgson
- K. James
- K. O'Brien
- K. Shyminsky
- K. Wiley
- L. Bloom
- L. Hatch
- L. Moffitt
- L. Perrin
- M. Hepples
- M. Picard
- M. Robson
- P. Boyce
- P. Ozechowsky
- R. Jennex
- S. Brayshaw-Spencer
- S. Runions
- T. Ballegeer
- T. Spencer
- W. Fraser
- W. Johnson

TOURETTE SYNDROME FOUNDATION OF CANADA

Statement of Financial Position

May 31, 2020

	2020	2019
ASSETS		
CURRENT		
Cash	\$ 229,908	\$ 249,833
Accounts receivable	19,795	10,539
Sales tax recoverable	1,149	27,855
Prepaid expenses	4,214	16,140
	<u>255,066</u>	304,367
PLANT AND EQUIPMENT (Note 3)	<u>4,138</u>	7,000
	<u>\$ 259,204</u>	<u>\$ 311,367</u>
LIABILITIES		
CURRENT		
Account payable and accrued liabilities	\$ 24,694	\$ 28,756
Government remittances payable	2,368	3,201
Deferred revenue	1,500	12,925
	<u>28,562</u>	44,882
LONG TERM DEBT (Note 4)	<u>40,000</u>	-
	<u>68,562</u>	44,882
FUND BALANCES		
General fund	<u>190,642</u>	266,485
	<u>\$ 259,204</u>	<u>\$ 311,367</u>

ON BEHALF OF THE BOARD

_____ *Director*

_____ *Director*

See notes to financial statements

TOURETTE SYNDROME FOUNDATION OF CANADA

Statement of Changes in Fund Balances

Year Ended May 31, 2020

	2020	2019
FUND BALANCE - BEGINNING OF YEAR	\$ 266,485	\$ 224,817
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENDITURES	(75,843)	41,668
FUND BALANCE - END OF YEAR	\$ 190,642	\$ 266,485

See notes to financial statements

TOURETTE SYNDROME FOUNDATION OF CANADA**Statement of Revenues and Expenditures****Year Ended May 31, 2020**

	2020	2019
REVENUES		
Fundraising	\$ 520,584	\$ 191,409
Nevada ticket revenue	78,358	89,552
Donations	49,087	137,223
Product sales	7,492	20,556
Memberships	3,920	5,790
Interest income	1,807	2,777
	<u>661,248</u>	<u>447,307</u>
EXPENDITURES		
Fundraising	475,115	99,563
Salaries and wages	95,011	133,573
Nevada ticket and related expenses	31,004	48,669
Contractor fees	18,105	18,364
Advertising and promotion	16,959	14,515
Professional fees	16,544	6,013
Bursary	12,644	4,415
Travel	12,355	7,535
Telephone	12,317	11,850
Bank charges	10,288	14,131
Product costs	8,989	1,549
Occupancy costs	8,220	9,260
Printing and photocopying	6,481	6,037
Insurance	4,981	5,340
Amortization	2,862	4,884
Postage	2,791	3,084
Office	2,030	3,369
Volunteer recognition and development	395	619
Website development	-	12,869
	<u>737,091</u>	<u>405,639</u>
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENDITURES	<u>\$ (75,843)</u>	<u>\$ 41,668</u>

See notes to financial statements

TOURETTE SYNDROME FOUNDATION OF CANADA

Statement of Cash Flows

Year Ended May 31, 2020

	2020	2019
OPERATING ACTIVITIES		
Excess (deficiency) of revenues over expenditures	\$ (75,843)	\$ 41,668
Item not affecting cash:		
Amortization of property and equipment	<u>2,862</u>	<u>4,884</u>
	<u>(72,981)</u>	<u>46,552</u>
Changes in non-cash working capital:		
Accounts receivable	(9,256)	7,714
Account payable and accrued liabilities	(4,062)	(21,248)
Deferred revenue	(11,425)	(14,302)
Prepaid expenses	11,926	(3,294)
Sales tax recoverable	26,706	913
Government remittances payable	<u>(833)</u>	<u>(260)</u>
	<u>13,056</u>	<u>(30,477)</u>
Cash flow from (used by) operating activities	<u>(59,925)</u>	<u>16,075</u>
FINANCING ACTIVITIES		
Proceeds from long term debt	40,000	-
Repayment of obligations under capital lease	<u>-</u>	<u>(782)</u>
Cash flow from (used by) financing activities	<u>40,000</u>	<u>(782)</u>
INCREASE (DECREASE) IN CASH	(19,925)	15,293
Cash - beginning of year	<u>249,833</u>	<u>234,540</u>
CASH - END OF YEAR	<u>\$ 229,908</u>	<u>\$ 249,833</u>

See notes to financial statements

Board of Directors

President Janet Rumsey - St. John's, NL
Vice President Ken Shyminsky - Oakville, ON
Treasurer Rob Karpati - Toronto, ON
Secretary Cynthia Lo - Toronto, ON
Director Jennifer Thomblison, ON
Director Jaiman Chin - Toronto, ON
Director Tim Spencer - Oakville, ON
Director Michael Hepples - Winnipeg, MB
Director Shelley Sebastian - Toronto, ON
Director Lucas Moffitt - Cambridge, ON

Home Office Staff:

- Executive Director, Jennifer Neumair
- Communications Coordinator, Simon Spencer
- Bookkeeper & Finances, Kathie James
- Virtual Support Coordinator, Melissa C. Water

Chapters:

Edmonton, AB
Hamilton Halton Niagara, ON
Ottawa, ON
Victoria, BC
Winnipeg, MB

Contact Reps

Cranbrook, BC
Hastings-Northumberland, ON
Kelowna, BC
Peterborough, ON
Saskatoon, SK
Simcoe County, ON
St. John's, NL
Williams Lake, BC
Windsor-Essex, ON

Resource Units

Greater Toronto Area (GTA), ON
Montreal, QC
Muskoka, ON
Wellington-Waterloo, ON