



## Call for Board Nominations

National Board of Directors 2026

### About Tourette Canada

Tourette Canada is a registered Canadian charitable organization (Charitable Registration No. 11926 7862 RR0001) dedicated to improving the lives of people across Canada affected by Tourette Syndrome and associated conditions. We are a national, volunteer-led organization working to build awareness, understanding, and inclusion.



#### VISION

An empowered Tourette community in an inclusive Canada.



#### MISSION

To create awareness, support, and understanding through education, advocacy, and community outreach.



#### VALUES

We carry out our work with: Integrity, professionalism, mutual respect, compassion, and responsiveness.

### About the Board of Directors

The Board of Directors provides governance and strategic oversight to Tourette Canada in service of its mission and vision. The Board operates across three key functions:

1. **Governance:** Developing policies that give overall strategic direction to the organization. This is the Board's primary and mandatory role.
2. **Management:** Ensuring the organization has sufficient financial and human resources to carry out its work, and providing direction to the Executive Director.
3. **Operations oversight:** Setting the conditions for effective programs, services, and advocacy, carried out by staff and volunteers.

Board members act in the best interests of the organization by:

- Setting strategic direction and priorities
- Ensuring sound governance, fiduciary oversight, and risk management
- Supporting the sustainability and long-term impact of the organization
- Acting as ambassadors for Tourette Canada and the communities we serve

Directors serve in a governance capacity. *Directors do not represent specific constituencies or functional roles*, although individual skills and lived experience inform the collective strength of the Board.



## Eligibility & Term

- Nominees must be, or be willing to become, a member-in-good-standing of Tourette Canada upon election.
- Directors are elected by the membership at the Annual General Meeting (AGM).
- Board members serve a three-year term, with renewal governed by Tourette Canada's by-laws

## Who We Are Seeking

Tourette Canada is actively recruiting 4 to 6 new Board members and is committed to building a Board that reflects the diversity of the communities we serve, while bringing the professional expertise needed to advance our mission. We welcome nominations from individuals who can contribute across any of the following profiles:

Profile	Professional Expertise Sought
<b>Legal</b>	Human rights, nonprofit or charity law, or employment
<b>CPA/Audit/Risk Specialist</b>	CRA compliance, risk management, audit oversight
<b>Health Policy &amp; Government Advocate</b>	Policy development, government relations, health advocacy, disability rights frameworks
<b>Digital Strategy &amp; Technology Leader</b>	Technology strategy, digital transformation, data governance, health tech, nonprofit digital programs
<b>Education System &amp; Youth Services Leader</b>	K–12 education, special education, IEPs, youth-serving organizations, Community health, social services, neurodevelopmental conditions, family navigation support
<b>Philanthropy &amp; Major Donor Leader</b>	Major gift fundraising, foundation grants, donor stewardship, CRA compliance, philanthropic networks

**Note:** These profiles represent areas of priority need. Candidates are not required to match a single profile; those who bring multiple capabilities or a unique combination of lived experience and professional expertise are especially welcome.

## Equity, Diversity, Inclusion & Accessibility

Tourette Canada is committed to equity, diversity, inclusion, and accessibility in all aspects of its work and governance. Our current board composition analysis has identified meaningful gaps that we are actively working to address through this recruitment.

We especially encourage nominations from individuals who identify as:

- Indigenous, First Nations, Métis, or Inuit
- Black, racialized, or from ethnoculturally diverse communities
- Francophone or bilingual (French/English)
- 2SLGBTQIA+, including non-binary and gender-diverse individuals
- Persons with disabilities or neurodivergent individuals
- People with lived experience of Tourette Syndrome or co-occurring conditions, or caregivers and family members
- Located outside Ontario, particularly in Quebec, British Columbia, or Atlantic Canada

We are committed to providing accessible and inclusive nomination and selection processes. Accommodations are available upon request.



All Directors are expected to:

- Act in good faith, honestly, and loyally in the interests of the organization.
- Avoid any conflict of interest and disclose potential conflicts promptly.
- Exercise prudence, vigilance, and sound judgment in all Board decisions.
- Understand the organization's mission, mandate, and the issues affecting the TS community.
- Ensure the organization's legal obligations are understood and upheld.
- Understand and query financial and budget matters as needed.
- Keep Board discussions confidential.
- Prepare for meetings by reviewing minutes and materials in advance.
- Participate actively, ask questions, contribute your perspective, and follow through on accepted tasks.
- Abide by and support the decisions of the Board.
- Be accountable for and support stewardship of the charity's assets.

## Time & Commitment

Board service at Tourette Canada is voluntary. Reasonable expenses may be reimbursed in accordance with organizational policy. Board members should expect:

- An average time commitment of 5–10 hours per month, including meeting preparation and committee work.
- Attendance at Board meetings typically held on the third Monday of every month via Teams.
- Participation in strategic planning workshops (virtual, in-person, budget permitting)
- Participation on at least one Board committee (HR, MarCom, Programs & Services, Audit, or Trek/Fundraising).
- Occasional additional responsibilities at the request of the Chair, including public speaking, meetings with funders or legislators, or providing expertise to staff.

While there is no formal financial expectation, Board members are *encouraged to support the financial goals of the organization* through an annual contribution and/or by assisting with community fundraising.

## Nomination & Election Process

- Completed forms should be submitted electronically by the May 15, 2026 to [Amanda.Matejicek@tourette.ca](mailto:Amanda.Matejicek@tourette.ca)
- Voting will be held at the following Board Meeting.

## Contact & Questions

For more information about the nomination process or Board service at Tourette Canada, please contact us:

Email

[admin@tourette.ca](mailto:admin@tourette.ca)

Website

[www.tourette.ca](http://www.tourette.ca)